



Living Well with Parkinson's

Glenna Wotton Atwood

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The long-awaited update to the definitive guide to successfully living with Parkinson's disease

Known for its upbeat, informative, and inspirational guidance, *Living Well with Parkinson's* includes a wealth of up-to-date medical information for Parkinson's sufferers, who number over 1 million in the U.S. alone. Combined with the author's poignant personal account of her own struggles with the disease, this new edition features coverage of pallidotomy (a new surgical technique), the dramatic implications of recent genetic research, and new drugs and therapies. The book also includes tips on dealing with social services and elder law, maintaining a positive attitude, handling issues with spouses and children, and finding support groups.

Glenna Wotton Atwood, a former home economics teacher from Maine, lived with Parkinson's for over two decades until her death in 1998. Lila Green Hunnewell (Rockaway, NJ) is a freelance writer and editor.

Roxanne Moore Saucier (Bangor, ME) is a journalist with the Bangor Daily News.



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