



# The Zero Footprint Baby: How to Save the Planet While Raising a Healthy Baby

*Keya Chatterjee*

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In our culture, pregnancy, birth, and childrearing are deeply connected to consumption and resource use. From the baby shower to the minivan and the larger apartment or first house, the baby-raising years are the most hyper-consumptive of our lives, and can set a family on an unsustainable track for years to come.

*The Zero Footprint Baby: How to Save the Planet While Raising a Healthy Baby* shows how to raise a child with little to no carbon footprint. The book covers every issue new parents face, including pregnancy (what kind of birth has the lowest impact); what to feed your baby (breastfeed, formula, or both?), childcare (who should take care of the baby, and how?), and of course, diapering. Using a mix of personal anecdotes, summarized research, and clear guidance on how to pursue the most sustainable baby-rearing options, *The Zero Footprint Baby* is the resource and reference book for all new parents with green inclinations.

**Keya Chatterjee** is the director for international climate policy at the World Wildlife Fund. She previously served as a climate change specialist at the US Agency for International Development, and also worked on communicating climate issues while at NASA. Keya's commentary on climate change policy and sustainability issues has been quoted in numerous media outlets, including *USA Today*, *The New York Times*, Fox News, The Associated Press, *The Washington Post*, and *NBC Nightly News*. She was also featured in a special issue of Politico on climate change highlighting the "muscle of the movement."

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