



Autism: Educational and Therapeutic Approaches

Efrosini Kalyva

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There are a number of different approaches and therapies available for children, young people and adults on the autistic spectrum, and the amount of information available on each one can be daunting for professionals and parents alike. This book offers concise and clear explanations of a variety of proposed interventions and their effectiveness, and helps the reader to decide on the most appropriate treatment for each individual.

Efrosini Kalyva writes accessibly about recent scientific evidence and the latest research, and allows you to consider the pros and cons of each approach. She focuses on the following areas:

- cognitive-behavioural approaches
- developing social interaction
- alternative communication strategies
- developing play
- sensory-motor approaches
- psychotherapeutic approaches
- biochemical approaches

This much-needed guide for practitioners and student teachers will also appeal to interested parents, and to anyone looking for a comparative examination of the variety of treatments on offer.

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