



Confidential File 101 (Dr. Carter)

Patrick Sutter, Frank Carr

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Confidential File 101 is the first book of a series that presents scientific information about sex. More specifically, Confidential File 101 provides you with clinically proven techniques to prolong intercourse up to 45 minutes. It contains extremely useful tips and easy-to-learn skills that have helped thousands of men to delay their ejaculation and please their partner.

Confidential File 101 reads like a novel. As you follow the adventures of Michael Lancaster, the main character of the book, you will become familiar with the techniques necessary to prolong your pleasure. You will be taught which muscles to use during sex to delay your ejaculation. You will learn the proper way to move your body and breathe. And you will discover surefire methods to control your sexual excitement and to satisfy your partner. In a nutshell, you will last longer and become a much better lover!

The invaluable information and cutting-edge techniques found in Confidential File 101 have been applied by Drs. Carr & Sutter in their clinical practices with premature ejaculators for the past fifteen years. These innovative techniques have also been successfully tested in various research projects conducted in universities across North America and Europe.

Confidential File 101 is a sex-informative novel that entertains the reader while addressing various issues in the field of human sexuality. It all starts with Michael Lancaster, a West Coast television personality and very eligible bachelor who suffers from premature ejaculation. His sexual difficulty impacts him even more severely as he meets and becomes seriously involved with beautiful young Vanessa Andressen.

When Vanessa becomes fully aware of Michael's problem, she decides to leave him. As a result, Michael makes the fateful decision to seek advice from a sex therapist. He consults Dr. Carter who assists him in developing his full sexual potential with the latest therapeutic interventions in sexology. While the plot and characters are fictional, all sexological data and techniques are factual, based on experimental research and the authors' own clinical cases.

Interwoven into the story is Michael's preoccupation with discovering the motive and criminals behind the assassination of Senator Davidson. He encounters beautiful women and faces many dangers along the way. This intrigue and Vanessa's ill-fated assignment to Africa keeps you turning the pages right to the end. And as the story unfolds, you become informed about the most recent breakthroughs in the treatment of premature ejaculation.

Many books have been written on sex. However, Confidential File 101 is the first sex-informative novel in the world. It is also one of the first books to have been scientifically tested before being published. And this is the first time the information found within this book has been disclosed.

Confidential File 101 presents new discoveries and proven techniques in sexology and uses a very effective learning approach to make people boost their sex life. The information it contains is based on scientific research and clinical studies. The learning methods are straightforward and convincingly built into the story line.

The authors' desire to compose a collection of books on sex -which they called Dr. Carter series- evolved from an interest in the full development of the "erotic potential" of men and women. They believe that most

behaviors and attitudes are learned and that people can improve their sexual life by acquiring accurate information. That's why they invented this new literary genre -the sex-informative novel- to allow the greatest number of individuals to have an easy and fun access to the latest discoveries in human sexuality.

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