



Complicated Grief: Scientific Foundations for Health Care Professionals

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How can complicated grief be defined? How does it differ from normal patterns of grief and grieving? Who among the bereaved is particularly at risk? Can clinical intervention reduce complications?

Complicated Grief provides a balanced, up-to-date, state-of-the-art account of the scientific foundations surrounding the topic of complicated grief. In this book, *Margaret Stroebe, Henk Schut and Jan van den Bout* address the basic questions about the concept, manifestations and phenomena associated with complicated grief. They bring together researchers from different disciplines, providing a broad range of cultural and societal perspectives, to enable the reader to access the scientific knowledge base regarding complicated grief, on both theoretical and empirical levels.

The book is divided into four main sections:

- An exploration of the nature of complicated grief
- Diagnostic categorizations
- Contemporary research on complicated grief
- Treatment of complicated grief

Illuminating the foundations and new innovations in research, *Complicated Grief* will be essential reading for professionals working with bereavement such as clinical psychologists, health psychologists and psychiatrists, researchers, as well as graduate students of psychology and psychiatry.

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