



Musculoskeletal Fatigue and Stress Fractures (Exercise Physiology)

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In recent years there has been increasing interest in the causes and prevention of overuse injuries, specifically stress fractures. *Musculoskeletal Fatigue and Stress Fractures* is the only comprehensive book published in the past 25 years that integrates the most recent basic and clinical research and epidemiological findings related to stress fractures.

With 22 chapters written by highly respected experts in skeletal physiology, sports medicine, and orthopedics, this book provides information on the etiology and pathophysiology of stress fractures. It provides the first glimpse of the histological presentation of a stress fracture and new data describing *in vivo* measurements of strain in areas prone to injury. The volume also details how these fractures develop and how the bone responds to the injuries.

Chapters on prevention and treatment of stress fractures make this book a "must have" for military and sports physicians, athletic trainers, physical therapists, and anyone who works with populations subject to stress fractures.



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Within this era which is the greater man or woman or who has ability to do something more are more valuable than other. Do you want to become among it? It is just simple strategy to have that. What you need to do is just spending your time very little but quite enough to experience a look at some books. One of several books in the top collection in your reading list will be Musculoskeletal Fatigue and Stress Fractures (Exercise Physiology). This book and that is qualified as The Hungry Inclines can get you closer in becoming precious person. By looking way up and review this reserve you can get many advantages.

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