



# When Partners Become Parents: The Big Life Change for Couples

*Carolyn Pape Cowan, Philip A. Cowan*

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When it first appeared in 1992, this book became an instant must-read on the lists of new parents and family studies professionals alike. Its message is just as relevant, just as timely, and perhaps even more important today. As indicated in the new foreword, by John M. Gottman, and in the updates and new afterword provided by the authors, the transition to parenthood remains one of the most challenging periods in adulthood. Readers today will be rewarded, just as earlier readers have been, by the stories reported in the pages of this book and by the wise counsel of the authors who put those stories in context.

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