



Messy: The Power of Disorder to Transform Our Lives

Tim Harford

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From the award-winning columnist and author of the national bestseller *The Undercover Economist* comes a provocative big idea book about the genuine benefits of being messy: at home, at work, in the classroom, and beyond.

Messy: The Power of Disorder to Transform Our Lives celebrates the benefits that messiness has in our lives: why it's important, why we resist it, and why we should embrace it instead. Using research from neuroscience, psychology, social science, as well as captivating examples of real people doing extraordinary things, Tim Harford explains that the human qualities we value – creativity, responsiveness, resilience – are integral to the disorder, confusion, and disarray that produce them.

From the music studio of Brian Eno to the Lincoln Memorial with Martin Luther King, Jr., from the board room to the classroom, messiness lies at the core of how we innovate, how we achieve, how we reach each other – in short, how we succeed.

In *Messy*, you'll learn about the unexpected connections between creativity and mess; understand why unexpected changes of plans, unfamiliar people, and unforeseen events can help generate new ideas and opportunities as they make you anxious and angry; and come to appreciate that the human inclination for tidiness – in our personal and professional lives, online, even in children's play – can mask deep and debilitating fragility that keep us from innovation.

Stimulating and readable as it points exciting ways forward, *Messy* is an insightful exploration of the real advantages of mess in our lives.

From the Hardcover edition.



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