



Praxisbuch Systematisch-Integrative Psychosynthese: I. Disidentifikation (German Edition)

Ursel Neef, Georg Henkel, Sven Kerkhoff

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Das Team des Wuppertaler Instituts für Psychosynthese und Interpersonale Psychologie präsentiert die Ergebnisse der 25jährigen praktischen Arbeit in Form eines modernen methodischen Leitfadens.

In diesem ersten Praxisband der Systematisch-Integrativen Psychosynthese werden die Grundlagen therapeutischer und beratender Arbeit sowie die zentrale Methode der Disidentifikation anhand von zahlreichen praktischen Beispielen und Übungen ausführlich vorgestellt.

Ein Buch, das sich an professionelle Anwender und interessierte Laien gleichermaßen richtet.



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