



Healing Wounds, Healthy Skin (Yale University Press Health & Wellness)

Madhuri Reddy

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Seven million Americans suffer from chronic or slow-healing wounds—this number includes people with diabetes, dementia, paralysis, spinal cord injury, multiple sclerosis, and poor circulation, as well as the elderly and those with reduced mobility. *Healing Wounds, Healthy Skin* provides patients and caregivers with everything they need to know on the subject, including:

- Why chronic wounds develop and who is at risk of developing them
- What "normal healing" is
- What the different types of wounds are, including those associated with chronic disease
- How to find appropriate care and get a correct diagnosis
- What role exercise and nutrition play in treatment and prevention
- What treatment options are available, from surgery to alternative therapies

Also covered are the patients' psychological and emotional experiences, myths about wounds and wound healing, steps to take in an emergency, and a wound patient's bill of rights. With up-to-date information, insightful patient case histories, and a wealth of essential resources, this is the book that chronic wound patients and their caregivers can turn to with confidence.



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account is Healing Wounds, Healthy Skin (Yale University Press Health & Wellness) this guide consist a lot of the information on the condition of this world now. This specific book was represented so why is the world has grown up. The terminology styles that writer use to explain it is easy to understand. The writer made some exploration when he makes this book. This is why this book appropriate all of you.

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