



Buda y Cristo (Enigma) (Spanish Edition)

Federico Sánchez

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La presente obra nos sumerge en las palabras de dos maestros espirituales, Buda y Cristo, aportando todas las claves para descubrir el auténtico mensaje que subyace en ellas y su alcance y vigencia para el hombre del siglo XXI, ponderando y desgranando sus características y rasgos comunes así como sus diferencias. ¿Qué camino cabe elegir en la vida? ¿El Budismo, para vencer al sufrimiento a través de la mente... o el Cristianismo, para alcanzar la liberación por medio del alma...? En este libro se cotejan dos de las formas de pensamiento y actuación más seguidas por millones de seres humanos a lo largo de la historia, a través de las enseñanzas de Siddharta Gautama (Buda) y Jesús de Nazaret (Cristo). // El estudio de Federico Sánchez Arias, reputado experto en la materia, trasciende de la mera divulgación para convertirse en un texto riguroso y profundo, que desmonta tópicos muy arraigados y supone una aportación de ingente valor para el conocimiento de dos corrientes cuyo influjo en el devenir de la Humanidad -al margen de creencias o postulados individuales- resulta hoy incuestionable.

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