



Club Sandwich

Lisa Samson

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Hey, Friend—

Do you know what it's like give to 100 percent and still feel like it's not—and *you're* not—enough for anybody? To be caught between caring for an aging parent and raising young children? I lived in that place for four years.

Ivy Schneider lives in this place, too, and she isn't at all happy about it. Her husband Rusty spends ten months a year on the road singing in a gospel quartet, and her mom gets sicker every day, requiring increasingly more care and time. Ivy's dad took off years ago but still comes around—for free meals. Her brother and sister are more than happy to let responsibility rest on Ivy's shoulders. Maybe she could handle it all if only her darling three-year old terror, Trixie, would just “go” on the potty. Who will take care of Ivy while she takes care of the world?

No one, it seems. Then Ivy runs an ad in the paper to find folks like herself: women of the “sandwich generation,” squeezed between the demands of raising young children and caring for an aging parent. Soon she and the other women of Club Sandwich are building uncommonly deep friendships, witnessing the reality that in fact *no* woman can be everything to everybody, and discovering firsthand that they can do more than they imagined possible with the help of each another and with a strong dose of faith.

If your life is about caring for others, I dedicate this book to you. Welcome to the club. You are most definitely not alone.

Grace,

Lisa

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