



Growing Your Own Fruit and Veg For Dummies

Geoff Stebbings

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Save money and eat fresh with this hands-on guide to home-growing

Growing your own produce is the only way to enjoy delicious, garden-fresh fruit and veg all year round. This practical manual gives you the lowdown on everything from finding the right tools and choosing which plants to grow, to nurturing your crops and bringing in your first harvest. The easy-to-follow advice will help you get started straight away and become a confident and successful kitchen gardener.

- **Get going with growing** – discover which plants are best for you and how to make the most of your outdoor space
- **Prepare your plot** – learn how to set up and maintain healthy beds for your fruit and vegetables
- **Grow tasty veg** – choose your favourite veggies from asparagus and broccoli to courgettes, sweet corn and many more
- **Grow your own fruit salad** – get quick results from fast-growing berries and learn to nurture slow-growing tree fruit and exotic greenhouse produce



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