



Occy: The Rise and Fall and Rise of Mark Occhilupo

Mark Occhilupo, Tim Baker

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'Occy was always a missile going hyperspeed, about to blow up at any moment. - it's true of so many highly intelligent or gifted people . . . All of his passion was put into his surfing.' Kelly Slater, eight-time world champion Child star at sixteen, ranked third in the world at seventeen, winner of the Pipeline Masters at nineteen - Mark Occhilupo looked set to sweep all before him with a radical, spontaneous, irresistible brand of surfing. Yet a spiralling descent into drug abuse and depression snuffed his flame out prematurely when he quit the pro tour at just twenty-two. Faltered comebacks, spectacular bursts of free-surfing and manic breakdowns followed, as the surfing world watched a freakish talent self-combust. After years spent immobile and overweight on the couch, in his so-called 'Elvis period', Occy eventually emerged from his cocoon, reborn and ready to tackle a whole new generation of surf stars. His celebrated comeback to win the world title in 1999, sixteen years after his career began, is a sporting fairytale without equal. Now for the first time, in his own words, Occy tells the complete, remarkable story of his spectacular rise, terrifying fall and miraculous rebirth. 'By going down so hard, by fully falling apart, he was able to give himself longevity. It's like the Buddhist teachings about birth and death - something has to die for new birth to happen, and that happens inside us too. Occy was the ultimate example of that.' Tom Carroll. 'I think it's one of the great sports stories of all time.' Kelly Slater



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