



Reversing Dyslexia: Your Guide to Helping Children Recover Self-Esteem, Retrain Their Brains & Reclaim Their Ability to Learn

Phyllis Books

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Most people do not realize that dyslexia is more than just a reading problem.

It is often accompanied by social, psychological, and even physical issues

that can make many everyday tasks seem unmanageable. Whether you

suffer from dyslexia yourself or are the parent of a dyslexic child, dealing

with the overall challenges of this learning disorder can be overwhelming.

Unfortunately, mainstream treatment focuses mainly on compensatory

techniques and workarounds, not a cure, leaving dyslexics feeling hopeless

and stuck. In her new book, Dr. Phyllis Books offers a new approach to

dyslexia and a convincing reason to hope again. Drawing upon her vast

experience and a wealth of scientific research, she declares that dyslexia can

actually be reversed in a large number of cases.

Reversing Dyslexia

begins by redefining dyslexia, offering the most comprehensive view of this problem yet. It describes dyslexia's common symptoms, lists its associated conditions, and details the many theories that surround this issue. It goes on to explain how the brain develops, revealing how an improperly functioning brain may be rewired and repaired through the right combination of therapies, all of which are described in detail. It then shows how important nutrition, exercise, play, and music are to learning ability, and concludes with invaluable advice on how to choose the right school for your dyslexic child.

By providing a modern perspective on dyslexia, this book lays the groundwork for significant improvements not only in reading but also in general learning ability, emotional stability, and psychological well-being.

Having worked with thousands of children, parents, and educators, Dr.

Books has spent over twenty-five years disproving the idea that dyslexia

is a permanent condition.

Reversing Dyslexia

can teach you how to

disprove it as well.

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Edward Thompson:

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Spent a free a chance to be fun activity to try and do! A lot of people spent their down time with their family, or their particular friends. Usually they carrying out activity like watching television, about to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Could possibly be reading a book might be option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to consider look for book, may be the e-book untitled Reversing Dyslexia: Your Guide to Helping Children Recover Self-Esteem, Retrain Their Brains & Reclaim Their Ability to Learn can be fine book to read. May be it can be best activity to you.

Brandon Seymour:

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