



We Should Do This More Often: A Parents' Guide to Romance, Passion, and Other Pre-Child Activities You Vaguely Recall

Lorilee Craker

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Because 18 Years Is a Long Time to Wait

In a recent poll taken by *Parents* magazine, 87 percent of moms admitted they don't make love as often as they did before having kids, while one-third confessed their love life has taken a "major nosedive." Experts say a whopping majority of moms suffer from low libido, and many of the reasons aren't biological. So how can you get your mojo back and start to love making love again? Get the scoop on these and other extremely hot—and often hilarious—topics, including:

- Timing that works for everyone (we're not talking the next decade)
- Keeping the ankle biters in *their* beds when you desperately need them out of yours
- Why you need to make the effort (if not for your marriage, at least for your sanity)
- Reclaiming your sexual self (she's not gone forever, but is probably sleeping every chance she gets)

Lorilee Craker explores the factors that put a dent in your "lust life" and offers plenty of fun ideas for stoking the home fires again. Don't miss Lorilee's own "Tales from the Love Shack," dish from other real-life moms, and insights from professionals to help you get in touch with your inner "Red Hot Mama." Who knew that rediscovering romance, passion, and closeness with your husband was possible—or could be so much fun?

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