



# You and Your Aging Parent: The Practical Side of Love

*Jill A. Boughton*

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## **You and Your Aging Parent: The Practical Side of Love** Jill A. Boughton

Caring for an elderly parent - whether 10 minutes a week or full time - is much more than merely solving problems; it's a way of expressing Christian love. As your parents get older, you may need to make important decisions about their care. Convenience and financial considerations may influence your decision. Guilt feelings, too, may play a role. "You and Your Aging Parent" offers a better way. The author shows that the only genuine context for a Christian caregiver is real love, in practical terms. Here are stories and advice which will change the way you look at caregiving. Here's what you'll find inside . . . \* an important message for the sandwich generation \* wisdom to help you grow in love for your parents \* dozens of heartwarming stories and examples \* a fully Christian approach \* reflections on death and grieving \* practical advice for difficult times \* dealing with disabilities \* the questions and issues you need to consider



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