



# **Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury (Occupational Therapy & Mental)**

*Sharon Gutman*

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Discover new interventions to restore self-respect and personal life control! When men suffer traumatic brain injury (TBI), they can lose their sense of competence, confidence, and masculinity, resulting in a gender role strain. Brain Injury and Gender Role Strain offers an innovative solution to help such men regain a masculine identity. This important book tells the story of four brain-injured men who suffered because they had lost the roles, relationships, and activities that had once defined their identities as adult men. Most traumatic brain injury is suffered between the ages of 18 and 30, when men are making the developmental transition from adolescent to young adult roles. TBI interrupts that transition and often sends men back into an infantile role, where they rapidly become frustrated. Many of the behavioral and morale problems of men with TBI can be traced to their anger at being unable to participate in the adult world of work, marriage, parenting, and independence. Brain Injury and Gender Role Strain discusses how these issues affected the four men included in the study, all of whom felt isolated, victimized, abandoned, and useless when they could not be the men they had always expected to be. Dr. Gutman's innovative approach can help men regain the gender-related social roles, activities, and rites of passage that help men construct their masculine identity. Brain Injury and Gender Role Strain provides a specialized intervention program that enabled the men to:

- rebuild familial roles
- create extended-family roles
- turn to mentors for guidance
- learn the skills to form and maintain dating relationships
- find meaningful community work
- reclaim a sense of personal competency, life control, and normality

Brain Injury and Gender Role Strain offers timely and important information for health care professionals and family members of individuals with long-term brain injury. This is also an inspiring book for anyone with a brain injury who is struggling to rebuild a life as a competent adult.



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This Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury (Occupational Therapy & Mental) book is simply not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is actually information inside this book incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. That Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury (Occupational Therapy & Mental) without we realize teach the one who examining it become critical in considering and analyzing. Don't always be worry Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury (Occupational Therapy & Mental) can bring once you are and not make your tote space or bookshelves' turn into full because you can have it in your lovely laptop even phone. This Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury (Occupational Therapy & Mental) having great arrangement in word along with layout, so you will not truly feel uninterested in reading.

#### **Charles Lemaster:**

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Exactly why? Because this Brain Injury and Gender Role Strain: Rebuilding Adult Lifestyles After Injury (Occupational Therapy & Mental) is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will jolt you with the secret it inside. Reading this book close to it was fantastic author who write the book in such incredible way makes the content within easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have got such as help improving your talent and your critical thinking approach. So , still want to hold up having that book? If I were you I will go to the guide store hurriedly.

**Mary Norman:**

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