



Always Present: The Luminous Wisdom of Jigme Phuntsok

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Personal and heartfelt teachings on the Buddhist path by one of the most influential Tibetan lamas of the twentieth century, compiled and edited by an acclaimed Tibetan scholar and leader of a key center of Buddhist learning.

What is true happiness? What is the cause of our suffering and dissatisfaction? And how can we live with the kindness and clarity of the Buddha in our own lives? This compact collection of teachings from Jigme Phuntsok Rinpoche illuminates these most fundamental questions about the Buddhist path and provides essential guidance to help you along the way. Oriented to both beginners to Buddhism and longtime practitioners alike, these teachings offer precious insights on the Buddhadharma to return to again and again for inspiration, encouragement, and practical advice.

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