



Coping with Caring: Daily Reflections for Alzheimer's Caregivers

Lyn Roche

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COPING WITH CARING is written for the caregiver who cares for a loved one with Alzheimer's or a related disorder. Each page provides an inspiring daily reflection, followed by a related caregiving tip. Designed for daily use, this unique volume will serve to give you emotional support and insights to help strengthen you during the caregiving journey.

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