



# I come Ingrid, S come Stefy (Italian Edition)

*Stefania Sonzogno*

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## **I come Ingrid, S come Stefy (Italian Edition)** Stefania Sonzogno

Cuoricino sceglie Stefy, e da due, diventano ,in un attimo, come per magia, una sola cosa.

Questo libro comincia con la narrazione di una mamma, Stefy, che attende il suo bambino.

Quando Stefy resta finalmente incinta comincia a parlare con il suo pancione, che prende vita, giorno dopo giorno, divenendo il vero protagonista della storia.

Il bambino viene chiamato Cuoricino.

Il cuore che batte del bambino è infatti la prima cosa che una mamma vede dalla prima ecografia.

Secondo la protagonista è in quel momento che una mamma si rende davvero conto che il suo bambino sta arrivando.

Poi il bambino nasce e la narrazione diventa a due, mamma e bambino si parlano, si confrontano con gli sguardi, imparano a conoscersi.

Alla fine l'amore che provano uno per l'altra va oltre le difficoltà dei primi giorni, dei primi pianti, delle prime colichette e del tanto temuto baby Blues.

Scritto da una mamma giovane in un linguaggio giovane e senza la pretesa di essere un libro di pedagogia, questo libro ci traghetta nella consapevolezza che diventare mamma è uno stato mentale, più che un avvenimento in sè.

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