



My Private War: Liberated Body, Captive Mind: A World War II POW's Journey

Norman Bussel

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The vivid and emotional story of one soldier's heroic struggle with post-traumatic stress disorder.

1944: Norm Bussel, an introspective and happy-go-lucky teen from Memphis, finds himself bailing out of a burning B-17 bomber just months after his 19th birthday. Touching-down in a field outside Berlin, Norm was immediately seized by local farmhands, who were in the process of lynching him when a passing German soldier put a stop to the execution. For the next year, Norm would struggle to survive at the hands of the Nazis as a prisoner of war.

And that is when the rage began. Rage that he and his fellow captives were cold and starving, their wounds and illnesses left untreated. Rage that men were shot without warning. The rage and emotional turmoil he suffered during that year of hell would follow him home, denying him the peace and stability he and his loved ones longed for. This is one soldier's searing and honest story of his battle with post-traumatic stress disorder. A battle that speaks to the hearts and minds of veterans of all wars who find themselves with liberated bodies but captive minds.

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A lot of people always spent all their free time to vacation or perhaps go to the outside with them loved ones or their friend. Do you know? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity that is look different you can read a new book. It is really fun for you personally. If you enjoy the book that you simply read you can spent the whole day to reading a reserve. The book My Private War: Liberated Body, Captive Mind: A World War II POW's Journey it is extremely good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to create this book you can buy the particular e-book. You can m0ore simply to read this book through your smart phone. The price is not too costly but this book possesses high quality.

Jennifer Howard:

The reason? Because this My Private War: Liberated Body, Captive Mind: A World War II POW's Journey is an unordinary book that the inside of the book waiting for you to snap it but latter it will jolt you with the secret that inside. Reading this book beside it was fantastic author who write the book in such awesome way makes the content within easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you for not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book have got such as help improving your ability and your critical thinking approach. So , still want to delay having that book? If I ended up you I will go to the e-book store hurriedly.

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