



Dipa Ma

Amy Schmidt

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An inspiring and beautiful book about one of our most beloved elders, a modern Buddhist saint', Jack Kornfield, author of After the Ecstasy the Laundry. Read the life story and spiritual teachings of Dipa Ma, a major figure in contemporary Buddhism. She was the teacher of such well-respected western Buddhists as Jack Kornfield, Sharon Salzberg, Joseph Goldstein, Alice Walker and Sylvia Boorstein, among others. An accomplished yogi, she was an inspired teacher and a devoted mother and grandmother. A woman who found great freedom through profound levels of insight and one who exemplified in her every action immense kindness, generosity, and mindfulness. Through this unique account of a remarkable woman, together with the reminiscences of her students, many more aspiring practitioners will be inspired by her life and legacy.

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