



Goddesses

Sue Jennings

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Goddesses explores the ancient wisdom of the goddesses to help you reconnect with the old ways in a modern context. The goddesses are presented in their elements, in their heavenly bodies, or as symbols of the journey of life to give support, provoke us to explore new ideas and challenges, and to bring balance to our lives. The folklore, myth, and traditional associations of the goddesses will inspire you on your journey. Pele, the Hawaiian goddess of the volcano, demonstrates that volatile fire energy is life-giving and creative but needs to have focus. Water goddesses such as Isis, Sedna, and Yemaya offer us wisdom in times of stress and grief. They help us flow in the right direction and remind us that water supports us. The sun goddesses lead us through our feelings as well as our intellect to our divine spark—the sun within us. If our lives are stormy, we can take comfort from the story of the sun goddess, Ama-terasu-o-mi-kami, and find peace within ourselves. Cerridwen, the Celtic goddess of poetry, is a source of wisdom, inspiration, and creativity. The reflections, meditations, rituals, chants, and exercises in this book will help you bring about the changes you wish for in your life. Some of the exercises are for you to undertake alone; others you can share with friends, family, and children. Let the goddesses guide and inspire you!

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The book Goddesses has a lot details on it. So when you make sure to read this book you can get a lot of help. The book was authored by the very famous author. The author makes some research before write this book. This kind of book very easy to read you may get the point easily after looking over this book.

Jonathan Solis:

Playing with family in a very park, coming to see the ocean world or hanging out with friends is thing that usually you might have done when you have spare time, after that why you don't try matter that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Goddesses, it is possible to enjoy both. It is very good combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout people. What? Still don't have it, oh come on its named reading friends.

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