



# Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids

*Christina McGhee*

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**Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids** Christina McGhee

A *go-to* guide that helps parents see possibilities while managing change.

In *Parenting Apart*, Christina McGhee offers parents guiding principles in an easy to understand format that will take you from feeling overwhelmed to reassured. Providing realistic solutions and insight you can trust, *Parenting Apart* will help you positively shape the course of your children lives now and in the future.

Addressing a wide range of issues such as:

- \* What to do when children ask why
- \* How to handle things when your child is angry
- \* Helping children adjust to life in two homes
- \* Handling financial issues: What do kids need to know
- \* How to help children cope with less than ideal situations

And More!

McGhee, offers advice on managing separation and divorce for every age group-from toddlers to teenagers-in plain, consistent, and age-appropriate terms. *Parenting Apart* also offers practical suggestions for parents on creating your own sense of well-being while taking care of your kids.

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