



Parenting Apart: How Separated and Divorced Parents Can Raise Happy and Secure Kids

Christina McGhee

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A *go-to* guide that helps parents see possibilities while managing change.

In Parenting Apart, Christina McGhee offers parents guiding principles in an easy to understand format that will take you from feeling overwhelmed to reassured. Providing realistic solutions and insight you can trust, Parenting Apart will help you positively shape the course of your children's lives now and in the future.

Addressing a wide range of issues such as:

- * What to do when children ask why
- * How to handle things when your child is angry
- * Helping children adjust to life in two homes
- * Handling financial issues: What do kids need to know
- * How to help children cope with less than ideal situations

And More!

McGhee, offers advice on managing separation and divorce for every age group-from toddlers to teenagers-in plain, consistent, and age-appropriate terms. *Parenting Apart* also offers practical suggestions for parents on creating your own sense of well-being while taking care of your kids.

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