



The Crazy Makers: How the Food Industry Is Destroying Our Brains and Harming Our Children

Carol Simontacchi

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An unprecedented and impeccably reported look at how American food manufacturers and their "products" may be endangering our minds.

With obesity becoming one of the fastest-growing worldwide epidemics, and manufactured food fueling that trend, *The Crazy Makers* is timelier than ever. This updated edition includes a new chapter on autism, as well as revised material that illustrates just how much the industry has changed in a few short years.

Based on extensive research, epidemiological evidence, and a formal study of schoolchildren's eating habits, *The Crazy Makers* identifies how the latest food products may be literally driving us crazy. Carol Simontacchi offers the reader nutritional primers and recipes to help counteract the problems facing us and our children every time we sit down to eat.



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James Hose:

Playing with family in a very park, coming to see the water world or hanging out with buddies is thing that usually you could have done when you have spare time, then why you don't try matter that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love The Crazy Makers: How the Food Industry Is Destroying Our Brains and Harming Our Children, you could enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang-out type is it? Oh come on its mind hangout guys. What? Still don't have it, oh come on its referred to as reading friends.

Bruce Delvalle:

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