



Beating The Odds: 64 Years of Diabetes Health

Richard A Vaughn

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This is the story of my 64 years with diabetes. It gives my diabetes history and some of my autobiography. Online friends have wanted to know what it was like to be a diabetic in the 1940's and beyond. This will be explored here and carried to the present day. Many topics are discussed, including causes of Type 1 diabetes, how some Type 1 diabetics have lived so long without complications, the Joslin Medalist Program and my participation in the Joslin Medalist Study. There are many pictures dating as far back as the 1930's. My online blogs of my past have been very popular. Hundreds of replies say I have given inspiration and hope for the future of many of my diabetic readers and their families. My hope is that I can do the same for those of you who read this book.

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Margaret Holt:

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