



Tofu! Tofu! Tofu! - Chinese Style

Wei-Chuan Publishing, Mu-Tsun Lee

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Tofu can be cooked in many ways, with a variety of flavors. This book contains 46 tofu recipes, including salads and cold plates. The cooking methods range from frying, stir-frying, cooking in soy sauce, deep-frying and steaming. Each recipe is accompanied by a full color photo, plus 17 small demonstration photos for making tofu, preparation of soy beans and the use of special ingredients.

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