



## One Step at a Time

*Mark Tabb, Josh Bleill*

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Josh Bleill tells people he had "one bad day". On October 15, 2006, while on a combat patrol in Fallujah Iraq, an IED (improvised explosive device) struck Josh's Humvee. The explosion tore through the vehicle killing two of his fellow marines and severely injuring Bleill and his best friend. Josh awoke five days later with the news of the loss of his two friends and both of his legs. One Step at a Time: A Young Marine's Story of Courage, Hope, and a New Life in the NFL follows his journey from his enlistment then on to active duty in Fallujah, through two years of rehab, and ultimately to his job as the community spokesman for the Indianapolis Colts. Readers will be inspired by his undying enthusiasm, infectious joy, and sense of humor. Everyone has had that "one bad day". Josh discovered that life begins when we embrace our bad days and keep going forward, one step at a time.

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