



Tabagismo: abordagem, prevenção e tratamento (Portuguese Edition)

Sandra Odebrecht Vargas Nunes, Márcia Regina Pizzo de Castro

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Este livro é um guia prático para lidar com abordagem, prevenção e tratamento do tabagismo. Está dividido em dez capítulos e pretende instrumentalizar os profissionais da saúde a adquirir ferramentas teórico-práticas, que visam o aprimoramento das intervenções para cessação do tabagismo. A metodologia utilizada buscou recomendações do Ministério da Saúde, bem como consensos e diretrizes sobre o assunto.

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