



Nutrients for Neuropathy (Numb Toes Series)

John A. Senneff

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Here is a new, natural approach for dealing with this painful and debilitating condition. You will read how you can reduce or perhaps even eliminate the need for expensive medications with their unwelcome side effects. Written by the author of the much acclaimed Numb Toes books on peripheral neuropathy, Nutrients for Neuropathy is full of clinical studies and references, yet written in the reader-friendly style of those two books. Everything is covered in this science-based guide: The most bio-available nutrient supplement forms; Suggested dosages and best times to take; Safe upper limits and possible drug interactions; A specific nutrient supplement program; And much, much more

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