



It's Time For A Cure: It's Time To Curb Your Carbs To Keep Your Dignity and Save Your Life

Roy W Knight Jr

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Say goodbye to your headaches. Say goodbye your stomach aches? Do you even have any idea why you get them in the first place? Think it's stress? (Quick hint, it isn't.) Avoid heart disease. Avoid cancer. High blood pressure. High cholesterol. I think it's time for a cure. It's time for a cure takes a look at with the worlds oldest love affair with food. It's a food that has addicted a society to it, with the help of an industry that's associated with our pharmaceutical industry. Do you know what happens when you put bad fuel in your car? It runs bad. It eventually ruins the engine. The same thing happens in your body. Bad fuel in the body gives you bad performance and it ruins the engine while, performing bad. What is this bad fuel that our food industry has given you for the body? Carbohydrates, bread, pasta, and cereals. This is the wake up call that the world doesn't want to hear. They don't want to hear it because it involves an addiction that everyone has grown up with. That makes it impossible to conquer...almost. It also involves the worlds longest love affair with the same thing, a food, we've all loved to eat, our entire lives, bread. But it also involves corn and the second worst culprit, sugar. Yes there is something worse than sugar, and that's wheat. Sugar only attacks your brain from one angle. Wheat comes at it from multiple angles, making it the master of disaster. What we've grown up on, is slowly, methodically, painfully, expensively, killing those who eat it, taking away any amount of dignity that they may have once had. But there is good news. There is a way out of the quagmire of your addiction. It's time for a cure covers that, as well, how to break the addiction. I also take a look at the societal concern of our food and grain industry as well as it's influence in the pharmaceutical industry. Not fortunate for us, everything is connected. Do you think it coincidence that you watched those cereal commercials on TV, when you were a toddler, then begged mom to buy them for you at the grocery store? Your addiction, like mine started young, real young and we've been paying the consequences for it ever since. What's in these pages, though, is something the whole world needs to know. The food industry doesn't want you to know. They have you where they want you, addicted. If you like bread, you're addicted to glucose and there's only one thing you can do to save yourself from the 17 disorders, diseases and conditions listed in article 1. Article 13 covers how to break the addiction because if you don't, you're headed for definite brain destruction. Article 14 covers why the addiction is so hard to break. But break it we must. Article 21 shows the impact it's had and is having on our society. This is the world's wake up call. But this is the call that no one wants to answer, because it involves your longest love affair, that of glucose. It involves breaking your addiction to it. But it also involves healing and lots of it; healing from high blood pressure, type 2 diabetes, high cholesterol, chronic pain, chronic inflammation, preventing dementia and Alzheimer's disease, curing stomach ailments, curing headaches, and best of all increasing energy at an exponential rate. The nicest part about this cure, It's Free. All you have to do is read the book and heed the message. This cure's for you.

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Irma Huges:

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