



Rock Star Mommy

Judy Davids

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For Moms About To Rock (We Salute You)

When suburban mother of two Judy Davids picked up a guitar and conspired with the neighborhood moms to form an all-mom rock band, she never imagined it would actually happen. Within weeks, the Mydols were born. Did they have a clue what they were doing? Nope. But from that point on, it was full steam ahead and never mind the laundry.

Rock Star Mommy is a rallying cry for every woman who fondly recalls when she spent more time in mosh pits than "Mommy and Me" classes. From the moment Judy Davids donned a pair of go-go boots and jumped onstage, she embarked on an unforgettable journey. *Rock Star Mommy* chronicles Davids' experiences as a music fan, a mother, and the leader of the Mydols--one of the first "mommy" rock bands in the country.

If you've ever had the urge to grab a guitar, dye your hair pink, and turn your minivan into a makeshift tour bus, you'll find a kindred spirit in Judy Davids. *Rock Star Mommy* is the perfect companion for any mom who's ever wanted to raise good kids--and raise a little hell at the same time!

"Let's get one thing clear: The Mydols don't take any lip." --*People* **Judy Davids** was a suburban soccer mom with rock 'n' roll dreams when she picked up a guitar and decided to start a mom rock band. Soon after, the Mydols were born. Suddenly Judy found herself in the pages of the supermarket tabloid *The Sun* while shopping for Lunchables. She lives in Royal Oak, Michigan, with her husband, John, sons Dylan and Willie, and a black Labrador retriever named Ozzie.

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