



Wholeliness

Carmen Harra

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Wholeness

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Wholeness Carmen Harra

Standing on the brink of the greatest shift in human history, which is due to occur in 2012, we sense that our purpose lies in shattering illusions that have inhibited us from reaching our true potential. Internationally renowned clinical psychologist Carmen Harra explains that we must embrace wholeness: the unity of humanity, the Divine, and the universe. Only by perceiving that we are both individuals and at one with the whole can we begin to eradicate our fears and draw on Divine support during this crucial time. Harra shows us how we can: regain trust in ourselves, others, and the spiritual realm; address the suffering we've caused to the human race throughout history; expand universal awareness and elevate our consciousness; and achieve a state of abundance, generosity, and joy so rich that we overflow with compassion. Wholeness is the nourishment we require to transcend a challenging era and foster unconditional fulfillment in our lives.

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